NORTH HAWAII HOSPICE

WINTER 2014



Plein Aire by Greg Schultz

COMING UP:

March 3, 2014 5PM-7PM An Evening with NHH at Tutu's House (See Back Flap)

March 3, 2014-March 12, 2014 *Volunteer Training* An Evening Program at Tutu's House. (*Details on Page 2*)

March 18, 2014 Conversations on Death and Dying A Monthly Program at Tutu's House in Waimea. (Details on Page 9)

April 5, 2014 *Bereavement Workshop Returning to Center: the Healing Power of Mandalas* (Details on Page 9)

April 5, 2014 *Hospice High Tea and Auction* Waiki'i Club House Call 885-7547 for more information.

Letter from the Executive Director

This past month our hospice social worker, Mark Therrien, retired in order to spend more time with his family. When he left us, he posted a small colorful card on the wall with this quote from Margaret Mead: "Never doubt that a small group of



thoughtful committed citizens can change the world: indeed it's the only thing that ever has."

A small group of thoughtful committed citizens founded our hospice program 28 years ago. Our program has indeed changed the world for families in our community facing serious life limiting illnesses. The small group of committed citizens supporting our hospice program continues to grow.

As a result of our committed community, we are proud to say that our mission to provide hospice care and services without asking for payment from our patients and families has continued for 28 years. This winter newsletter serves to highlight some of the thoughtful committed citizens who have given of themselves either through volunteering or through donations to our hospice program.

On behalf of our patients and families, I want to personally thank each and every one of the volunteers and donors who have kept our organization strong. Our caring clinical team couldn't provide care and comfort for our hospice patients and families without you.

With aloha and appreciation on behalf of our hospice mission,

Katherine

Katherine Werner, MHA Executive Director

NORTH HAWAII HOSPICE

is a nonprofit organization committed to helping patients, families and friends dealing with life-limiting illnesses.

BOARD OF TRUSTEES

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Margarita Scheffel President

John G. Roth First Vice-President

Lynn Higashi Second Vice-President

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MEDICAL DIRECTOR

John Dawson, MD



March Volunteer Training

 Monday, March 3, 2014
 5

 Wednesday, March 5, 2014
 4

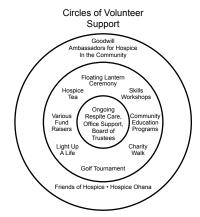
 Monday, March 10, 2014
 4

 Wednesday, March 12, 2014
 4

5pm - 7pm 4pm - 8:30pm 4pm - 9pm 4pm - 8:30pm

This 16-hour training is designed for those willing to commit to volunteer 4-5 hours a week with North Hawaii Hospice doing respite care, office or other administrative tasks. Course content covers roles and responsibilities of hospice staff and volunteers, policies and procedures, patient confidentiality, boundary issues, communication skills, information on death and dying, exploring personal responses to end of life issues, grief work and spirituality.

Attendance at all 4 sessions is mandatory to become a certified hospice volunteer. The training will be held in Waimea. Some dinners will be provided, with a potluck on the last night. Class size is limited so please register early to ensure your space. To register or to learn more, contact Catrinka Holland, Coordinator of Volunteer Services at volunteer.coordinator@ northhawaiihospice.org or (808) 930-6625.



Circles of Volunteer Support

Our hospice families, services and staff are the grateful beneficiary of an expansive circle of support.

The innermost core is made up of caring volunteers who provide ongoing care for our patients and their families; dedicated volunteers who work in the office several hours each week to provide office support; and our active Board of Trustees who oversee the organization, spearhead and run our major fundraisers and offer community education programs.

The next ring includes so many of you who generously help in myriad ways with our fundraisers, community education programs and outreach.

The outer circle includes all of us reading these words. We are all ambassadors for hospice in our community, helping our families, friends and neighbors to understand the true nature of hospice and the services and support North Hawaii Hospice provides.

We couldn't do it without you! Our gratitude for your support is beyond words.



NHH Volunteer Spotlight Interview with Jackie Wright

Leap year person, Jackie Wright is officially only in her 20's, but her real age is 81 years young. Jackie is one of the creators and guiding forces of

NHH's Light Up a Life fundraising program, which is still going strong after 10 years. Selling ornaments for the special Christmas trees set up in North Hawaii was her inspiration and its success is due to Jackie and the over 50 volunteers who have made

it happen over the years. This year, the ornaments were sold at the Waimea Town Market at Parker School as well as at various other locations and at the NHH office.

Originally from a small town in New York, Jackie kept moving west and when LA became too smoggy, she contined her move. Jackie ended up in Waimea over 20 years ago from Honolulu after having been captivated by our small community on a sailing trip around the islands. She loves it here and this is where she plans to live out her life.

She has a special affinity for cats and loves cat sitting,

working on Light Up a Life and being on the board of the Waimea Friends of the Library. She was the volunteer coordinator at the Kahilu

> Theatre for 8 years and she was gifted with 2 seats to a season of performances at the theater in honor of her service there.

Her experience going through hospice training taught her that she is too emotional to work directly with hospice patients,

but, at the same time, she has provided caregiving to several of her friends at the end of their lives. Before her hearing loss became too severe she also worked in the NHH office, and she was one of the early editors of the NHH Volunteer Newsletter. Although she has been wearing hearing aids in both ears for over 40 years, Jackie is very lively, active and social and she keeps herself healthy by eating only organic foods. She continues to provide caregiving for a longtime friend here in Waimea.

by Phyllis Tarail



NORTH HAWAII HOSPICE STAFF

Katherine Ciano, MHA Executive Director

Colleen Norris, MBA Director of Finance

Gayle Hubbard Fund Development Manager

Debbie Washburn, RN, CHPN Clinical Services Director

Denise Reyes Clinical Services Assistant

Reinhard Fritsch, RN, PhD Kaiki Gunderson-Cook, RN Patient Case Managers

Jobi Frorath, MSW Megan McCaffrey, MSW Social Workers

Catrinka Holland Volunteer Coordinator

Sindona Cassteel, MS, MFT Bereavement Counselor

Nina Millar, RN Christine Richardson, RN Kristin Wohlschlagel, RN, CHPN After Hours Nurses

> Sandee Kama, CNA Felicia Murray, CNA Sandie Rossi, HA Hospice Aides



WHO'S ON BOARD

by Stephanie Rutgers

Welcome Stephanie Ladwig, Treasurer

Stephanie Ladwig joined the North Hawaii

Hospice Board this past July, bringing with her a triple battalion of expertise in accounting, healthcare and non-profit organizations.

The Ladwig family relocated to Waimea in 2006 from New Mexico with Stephanie securing a job at W.M. Keck Observatory. Her boss at the time, Margarita Scheffel, is how the hospice connection was made. Margarita was NHH's incoming board president when she invited Stephanie to join the board, knowing what she brings to the

table. For the past year, Stephanie has been the senior accountant at Parker Ranch. This line of work possesses logic and orderliness which can sometimes be difficult to find in everyday life. It has also exposed Stephanie to a colorful range of professions over the years, including doctors, bankers, scientists, Indian tribes and the paniolo of Waimea. There is nothing monotonous about calculations for Stephanie with all of this variety.

Stephanie has had direct involvement with the healthcare industry as CFO for the Hamakua Health Center. As everyone knows, health care rules and regulations are complicated and constantly changing. It was her job to keep on top of the changes by networking with peers at similar organizations across the state. In addition, she stayed current with the industry via trade publications, newsletters and simply reading the news. Stephanie's ability to speak the health care language will be an added benefit to those less familiar on the board.

To boot is her non-profit experience. She has worked for several, both on the mainland and in Hawaii. At the Hawaii Learning Resource, Stephanie has been the treasurer since 2009. Recently, she joined the board of the Hale Ho'ola Hamakua Foundation. In her words, "I believe that when working in a leadership position for a non-profit, commitment to that mission matters." There is no question that Stephanie is committed



to many causes. To be able to do this, she gives the highest praise to her supportive family,

especially her hard-working and patient husband.

Her life was touched by hospice in 1991, when her father was able to die peacefully in his Texas home with hospice helping her mother. With her knowledge spread among many facets and her appreciation for the service hospice provides, Stephanie has a strong sense of purpose to give back to her community and contribute to the mission of North Hawaii Hospice so that it continues to thrive.

There are escapes for Stephanie's mathematical mind. Five days out of the week, she soaks up the beauty of Waimea on a 40 minute roundtrip walk to and from the Parker Ranch office at Puuopelu. This is good for her body, soul, and gas bill. Another source of happiness is having several books going at once. Traveling the world by book is a joy but Stephanie hopes to see the real India she has read about in one of her favorites, Jewel in the Crown, by Paul Scott. In the meantime, there is a lot to keep Stephanie busy here in town. She will be an added jewel to a board filled with brilliant minds.



NEW LEADERSHIP ROLES

Mahalo **Lynn Higashi**! Lynn Higashi finished her two year term as North Hawaii Hospice's president this past June. During Lynn's tenure she and her husband, Miles Okumura, led the implementation of the Floating Lantern Ceremony. We are grateful to Lynn for volunteering her time to lead our organization through the acquisition of the property where we plan to construct a new meeting facility for our clinical team. We extend our heartfelt mahalo to Lynn for her service.



Margarita Scheffel became

the board president this past July. Margarita joined the hospice board of directors in 2010 and due to her highly polished background in finance she immediately joined our hospice

board's finance and personnel committee. Soon Margarita assumed the role of board treasurer when Howard Edelman completed his two year term as treasurer. Margarita has served as the chief financial officer at the W.M. Keck Observatory for the past 10 years. Margarita has also served on the board of the West Hawaii Mediation Center since 2010 and is currently serving as their treasurer. She has a long career in non-profit finance and our hospice is lucky to have her leadership.



Debbie Washburn Director of Clinical Services

As an avid shell hunter and lover of warm weather, Seattle native Debbie Washburn was drawn to the Big Island. She relocated here in 1999 with her husband and 2 young daughters when she found employment as an ICU nurse at

North Hawaii Community Hospital. She and her husband had a deal as soon as one of them found a job, they would move and she was the first to find one. Her husband then agreed to stay home with their youngest daughter, then age 2, until she started kindergarten.

When she first moved to the island, Debbie applied for a nursing position with North Hawaii Hospice. Her previous experience working in the bone marrow transplant unit for the VA in Seattle made her very sensitive to the needs of dying patients and their families. Feeling very strongly that patients should be able to die with dignity and support in their own homes and not in the sterile and unfamiliar environment of a hospital, she knew that she wanted to work in hospice. In 2007, she was very pleased to have been hired by NHH as both an on-call nurse and the parttime volunteer coordinator and in 2010 she became a full-time nurse. Juggling patient care with clinical administrative work is now a new challenge for Debbie along with supervising the training of a new hospice nurse and taking online management courses.

Debbie enjoys snorkeling and loves to dive down to find shells that she uses to make beautiful jewelry. She and her daughter go stand-up paddle boarding every weekend, so you can usually find her at the ocean on her days off. When she's not at the ocean, you can find her gardening at her home in Waikoloa Village. Debbie also is a pet lover. She has 4 dogs and 4 cats, and she started NHH's pet therapy program, which has been very successful with many hospice patients.

Debbie's mother and step-father also live in Waikoloa Village. Her mother shares Debbie's love of crafting and jewelry making in particular. Her family is full of talented people including her step-father who painted the watercolor of the NHH office cottage, featured on the front page of this newsletter.

A little-known fact about Debbie is that she went to cosmetology school and put herself through nursing school as a hairdresser. That

> must be why she always looks so nice when she comes into the NHH office or visits a patient at home! We are pleased to have Debbie as our new Clinical Services Director. Mahalo Debbie for bringing so much comfort to our patients and their families.



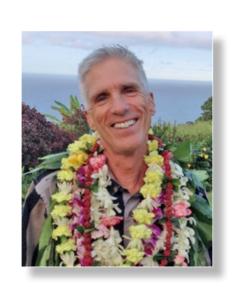
Mark Therrien Retires

by Phyllis Tarail

Newly retired North Hawaii Hospice Social Worker, Mark Therrien, recently returned from a busy, but very happy trip back to Pennsylvania to visit his daughter and new triplet grandbabies. I don't know when I have seen a bigger smile on his face as he talks about those little ones! After 6 1/2 years with NHH, Mark decided that now was the right time to retire so he could focus on his family—particularly on his wife and those triplets, his garden, taking time to read, and learning a new hobbygrowing and carving ipu.

Mark didn't move to the island full time until 2006, but he had spent a lot of time in Hawai'i prior to that. He met his wife when they were graduate social work students together at UH Manoa in the 1970s. After their two children were born, they moved to Wisconsin to be near his wife's parents. The day after they sent their son off to college, they moved back to Hawaii. In 2006 they moved full time into the home they had built in 1994 near Laupahoehoe. It was an easy transition for them as they already had friends and their church here.

As an avid gardener, Mark spends much of his time outdoors. In fact, he was looking in the newspaper for a load of gravel for the garden when he noticed an ad for a half time social worker at NHH. Mark had been following the work of Elizabeth



Kubler-Ross for a number of years and he had hoped to work in the hospice field, but there were no hospices in Hawaii in the 1970's. He had intended to retire when he made his move to the island, but the ad tempted him, as hospice was the only aspect of social work that he hadn't experienced. Well, the rest, as they say, is history, and he started as a part time social worker, bereavement counselor, and spiritual counselor in June 2007.

For Mark, what he will miss most is the intimacy of the relationships he has developed with the hospice families he has worked with-being welcomed into so many homes where all differences are dropped and barriers break down. Over these years he's worked with patients as young as 2 weeks and as old as 105 and every age in between and he's so grateful for this experience and the love of the people he worked with.

Witnessing how families rally at this most difficult time and somehow find a way through has been very special for Mark. The families learn about the dying process and feel so much support from hospice that they learn that they can manage at home even when they think that they can't do it. Even though dying is a serious matter, Mark can't remember when he hasn't laughed at some point with the patient and family.

One story that Mark remembers is asking a patient who kept asking him, "Why am I still here?" "What do you think will happen when you die?" The patient said, "God will come down in a white chariot drawn by white horses with gold bridles and take me up to heaven." Mark then said, "Well, don't be so fussy, maybe he'll come in a Volkswagen. If so, just get in."





North Hawaii Hospice volunteers: Pam Hons, Elaine Warner and Loring Howell offering Light Up a Life ornaments at Waimea Town Market.



The 35th Annual Visitor Industry Charity Walk in May was fruitful for North Hawaii Hospice. More than \$1.67 million was raised statewide with a portion going to North Hawaii Hospice to pay for hospice care for patients without insurance. North Hawaii Hospice Fund Development Manager, Gayle Hubbard, receives a check for the annual Visitor Industry Charity Walk.



The First Annual Carlos Rivas Memorial Polo Tournament was held December 1, 2013. The Mauna Kea Polo Club raised funds for North Hawaii Hospice and Hospice of Kona.

Lauren Hickey, Miss Hawaii 2013, presents a check to Katherine Werner Ciano. The Shops at Mauna Lani and Tommy Bahama's Restaurant and Bar hosted a Fashion Show to benefit North Hawaii Hospice, Inc.





Bank of Hawaii Executives present a check to the Executive Directors of all three Big Island hospices. The \$12,500 includes the proceeds of a Teri-Beef Fundraiser sponsored by the bank and KTA, and a matching grant from the Bank of Hawaii Foundation.

Tommy Bahama Big Island Classic Golf Successful!

North Hawaii Hospice was the beneficiary of the Tommy Bahama Charity Classic Golf Tournament. The 7th annual event was held on a perfectly gorgeous day at the Mauna Kea Beach Resort. This event has become so popular that it sells out quickly. This was the 4th year that North Hawaii Hospice partnered with Tommy Bahama to produce the event. The fullday event featured world class golf, food, drinks and prizes all to benefit North Hawaii Hospice's programs and services.

The event started with a breakfast bar provided by the Mauna Kea Beach Hotel followed by a putting contest and the lucky ball drop from a helicopter. Tommy Bahama's restaurant provided delicious grilled food and delightful tropical drinks for all participants on the course.

A special big Mahalo to the entire staff of Tommy Bahama at Mauna Lani, the entire golf team at the Mauna Kea Beach Resort, each and every golfer who came to play, and all of our Hospice volunteers who made the event so great. A special thanks also to all of our many sponsors and donors. This year this event netted over \$50,000 to support North Hawaii Hospice's programs and services.



North Hawaii Hospice's Marty Hind and Katherine Ciano join John Nguyen (Tommy Bahama, Mauna Lani) and Josh Silliman (Mauna Kea Golf Course) in welcoming golfers to the tournament.





CIRCLE OF SUPPORT

Conversations on Death & Dying with Sindona Cassteel, MFT, bereavement counselor for North Hawaii Hospice

A video presentation from Dying Into Love, an intimate conversation by 4 authorities in the field, followed by a moderated round table discussion. Explore your attitudes and expectations; learn skills to help others and have a more fulfilling and happier life. This series is for everyone who will die and those in service to the dying.

Ongoing class every 3rd Tuesday, starting March 18, 5:30-7:30pm. Call 885-7547 for more information.

Returning to Center: The Healing Power of Mandalas

Explore using art in healing grief (no previous art experience necessary).

On **April 5**, Sindona Cassteel, licensed marriage, family therapist and bereavement counselor for North Hawaii Hospice will guide a mandala workshop. Each participant will have an opportunity to make a mandala, perhaps while remembering moments with a passed loved one or contemplating our journey through loss.

Mandala means a circle, an essence and a completion. A circle is used in all cultures to symbolize wholeness and coming back to center. When we use the circle, a part of us just below the surface arises to be in the circle. This is a healing process and one that celebrates our connection with our loved ones.

There are many circles in our lives—a seed, a flower, the center of a tree, an egg, a snowflake, the earth itself. Mandalas bring us into the cycle of life and always show us something new. Please join us in our exploration.

Please RSVP by calling Tutu's House at 885-6777 or North Hawaii Hospice at 885-7547. (If you decide at the last minute, just show up!)

Announcing our Participation in HMSA's Supportive Care Program

Facing a serious condition or illness can be difficult. Sometimes it is hard to even know how to start thinking or talking about it. But you don't have to face this alone; HMSA has created a new program to support you and your family.

What is Supportive Care?

Supportive care is specialized medical care for people with serious, potentially life-threatening conditions. It is care aimed at maximizing your comfort and well-being and to help you and your family navigate through an often confusing and complex medical system.

Supportive care services are available for 90 days per 12 months and are provided by a team of professionals, doctors, nurses, social workers, chaplains, and aides, all of whom can visit you in your home so you can conserve your energy for things that bring you joy and satisfaction.

The Supportive Care teams are based within hospices throughout the state. However, Supportive Care is NOT hospice care and your hospice benefits are never accessed in Supportive Care.

What Can Supportive Care Do For You?

Help your health care team understand who you are and what is most important to you

Everyone is different; you are unique and we want to make sure you are treated how you want to be treated and towards the goals you feel are most important.

That takes time and conversations. The Supportive Care team is good at this and can help guide you in clarifying and communicating what matters to you the most.

Help you understand your condition and your treatment options so you can make the best choices

The team will spend time exploring and explaining your options for care. If you have questions they cannot answer they will help get you the answers from your specialists.

Get uncomfortable symptoms under control so you can live as well as possible even in the face of serious health challenges

Supportive Care team members are experts in all the ways you might need comfort:

Physical, like relief of pain or difficulty breathing

Emotional, like feeling anxious or fearful

Psychological, like feeling depressed or worthless

Spiritual, like not understanding why bad things are happening to you

Coordinate your care among all your healthcare providers so your treatments occur smoothly

Having a serious illness can be so confusing; so many different doctors or nurses to see, many treatments and medications. It is hard to keep it all straight. But keeping it all straight and having all your healthcare providers in sync can maximize your chances for the best outcomes possible. And best outcomes are what we are striving for.

Availability either in person or by phone 24 hours a day, 7 days a week so you are never without support

People who know your plan of care will be available by phone whenever an issue arises. They will make home visits on a regular basis as often as your condition requires.

What conditions qualify for Supportive Care services?

Cancer Congestive heart failure

If you are interested in Supportive Care or have questions about whether you might qualify, please call our office at 885-7547 for more information.



Fairmont Orchid Partners with North Hawaii Hospice for the Floating Lantern Ceremony

The Fairmont Orchid partnered with NHH for a third year in a row to host and produce our community event to honor and remember loved ones. This year, more than one thousand people turned out to celebrate the memory of loved one by decorating and releasing a lantern at this very special ceremonial event. A spirit of deep aloha and quiet remembering permeated the evening.

A hospice volunteer stated: "I was so grateful to attend the Floating Lantern ceremony; I had the privilege to volunteer with many other caring, loving volunteers to help make this a special event for the many, many people that attended. There was beautiful hula dancing, children playing drums, chants and blessings. I was so touched that so many people came together as one to celebrate the light and love of loved ones in their lives that have passed on."

"Blessings filled the warm tropical air and blew amongst the sounds of ceremonial flutes that whispered though the wind. Everyone was so genuine, so nice, so loving, and so kind... it gives you huge faith in humanity. Personally I know I was blessed many times over. Mahalo for the experience."

Our hats are off to all of the members of the Fairmont Orchid, the North Hawaii Hospice staff and board members and the hard working hospice volunteers who organized and worked at this event. There is no way that an event of this size could be realized so perfectly without the work of many hands. We are so grateful to have such a dedicated community of supporters.

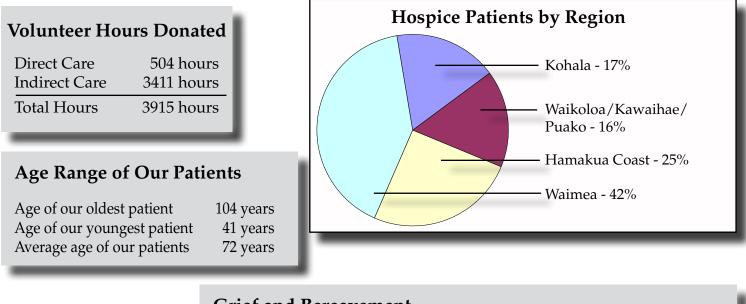
Our thanks go out to these generous people who contributed their time and talents to the event. (Listed in no particular order...)

Lynn Higashi, Miles Okumura, Joanne Sameshima, Susan Barnes, Wendy Oye, Takako Ota, Kikue Masumoto, Arlene Kawabata, Thelma Ryusaki, Corinne Higa, Nancy Nonaka, Joan Moynahan, Laurel Valli, Holly Bell, Rev. Kosho Yagi, Yoshie, Karen & Ocean Yagi, Maria Yano, Janet Saito, Curtis Shinde, Courtney Shinde, William Hardisty, Kathy Brown, Dawna Martin, Jaisy Jardine, Stephan Miller, the helpful Fairmont Orchid staff, Nino Ka'ai & Friends, hula dancers of Mana Christian Ohana Hui, Kona Daifukuji Taiko, Deena Hurwitz, Lyman Medeiros, U'i Kahoopii, Jim Land, Susan Akeo, Jobi Frorath, Calandra Masters, Harry Betancourt, Cat Jones, Karen Martin, Terry Stambler-Wolfe, Mel Yanos, Pat Allbee, Dave Allbee, Elaine Warner, Sherm Warner, Norman Piianaia, Kyrsten Kaha and 'ohana, Harold Hughes, Esther Hughes, Stewart Lawrence, Lisa Lawrence, John G. Roth, Bev Dawson, Claren Kealoha-Beaudet, Diana Mahaney, Julie Mattson, Katherine Ciano, Gayle Hubbard, Kirk C. Hubbard, Catrinka Holland, Linda West, Margarita Scheffel, Marty Hind, Sachi Hiatt, Stephanie Ladwig, Toby King, Tai King, Akemi Iwamoto, Daryl Lee, Macio Stevenson, John Kennedy, Loring Howell, Lloyd Howell, Tina Martinson, Mona Graves, Karyn Clay and Sharon Shutes.

If we have overlooked thanking anyone, please forgive us and know that we are all grateful for your support.

NORTH HAWAII HOSPICE ANNUAL REPORT

The following statistics pertain to fiscal year July 1, 2012 to June 30, 2013.



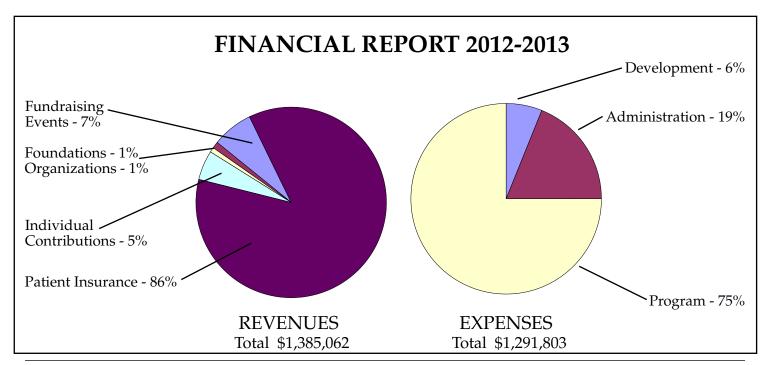
Grief and Bereavement

Number of contacts with hospice families for grief resolution894Number of contacts with community members for grief resolution220Number of contacts through community support group programs75

Patient Care Services

Number of patients and families in hospice	133
Number of patients discharged alive	28

Patients with a cancer diagnosis47%Patients with a non-cancer diagnosis53%



Gifts to North Hawaii Hospice Mahalo to Our Donors

Our giving report includes the names of those individuals, community groups, and businesses who have given gifts to North Hawaii Hospice from July 1, 2012 to June 30, 2013.

Commemorative gifts were received in memory of the following people:

Dodge Ackerman Clarence Akana Marion Anderson Ken Arbo Judy Auwae Alan Axelrod Ziegfried R. Azevedo Matilde Balboa Paul Barker James Bell **Richard Bergan** Lottie Bernstone Robert Brown Marilyn, Tom, and David Buell Greg Cameron Merci Campbell Amy Cazimero Te Iwi Chilton Robert "Steamy" Chow Delores Coates Michael Collier Kathleen Cornell Margaret Cussen Mark DeMattos Joan Dempster Angeline Sweetheart Dickson Savoko Doi Orphie English Connie Erger Anne Field-Gomes

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Sadako Koga Ernest Kurlansky Mrs. Kurokawa Harry Lane Frank C. Lawrence Carol Ann Lewis David Lorch Shoichi Maeda Mark Mahuna Ilse Martin Carole McCarty Melony Leigh McLaughlin Elaine L. Mills Ronald Mochida Jan Morgan Marion Nahulu Thomas Nakahara Su Nakasato Leo Nevens Louis O'Connell Masateru Oketani Takeshi Okumura Mabel Ozaki Maile Pang Jack and Yvonne Perry **Josephine** Peters Verlon Pflieger Helen Quirk Jack Ramos Phyllis Richards

Carolee Robinette Diana Rogers Nacho Romero Dennis Rose Richard Rowe **Brigitte Rutgers** Marilyn Saemi Ryusaki Achahn Schulze John C. Scully Douglas Sell Ken W. Shattuck Mimi Shawe Stan Shutes Ianet Smith William M. Smith Betty Somers Bob Spangler Peggy Sperring Ruth Sterling Kenneth Strong Alysandra Sunahara Kenso Takamoto Richard Tenderella Dora Thevenin Mildred Venter Mary Ellen Werner **Brooke Winvick** Harvey Wong Hideo Yanazaki

Commemorative gifts were received in honor of the following people:

Mr. and Mrs. James T. King Bobbe McDermott and John Mercer Elizabeth Spielman JK Spielman Kristin Wohlschlagel

MAJOR DONORS (\$5,000+)

Anonymous (1) Cleo Foundation Cooke Foundation, Ltd. Deviants from the Norm Fund of the Hawaii Community Foundation Jacquelyn and Alcy Johnson Memorial Fund of the Hawaii Community Foundation John M. Simpson Foundation Moonglow Fund of the Hawaii Community Foundation Frank Morgan

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An Evening with North Hawaii Hospice

Monday, March 3rd, 5-7pm at Tutu's House

Learn about the services and support North Hawaii Hospice can provide. Come hear firsthand information from our staff and those who have received hospice care about our mission to provide compassionate, professional services at home while supporting empowerment, comfort and peace for those we serve.

Anyone wishing to help with our events or special projects is encouraged to attend this two-hour program. We also highly recommend it to those in our hospice 'ohana who would like to polish their skills as goodwill ambassadors for North Hawaii Hospice. If you or someone you know thinks that enrolling in hospice means "giving up," this program may help shed new light on that misconception. There will be time for questions from the audience.