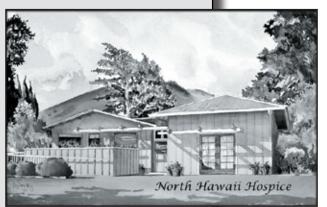
NORTH HAWAII HOSPICE

NEWSLETTER

FALL 2010



Plein Aire by Greg Schultz

COMING UP:

The Journey Of Grief and Reconciliation

Six-Week Support Group Starting November 8, 2010 At Tutu's House Meets Mondays at 4:30pm Register at 885-6777

Light Up a Life This Holiday Season

Remember your lovedones by placing memorial ornaments on a memorial tree in your community. Ornaments go on sale the weekend after Thanksgiving, for more information, call our office at 885-7547.

Save the Date!

"Sweethearts on the Range" High-Tea & Silent Auction

February 12, 2011 Saturday Afternoon at Kahua Ranch

Letter from the Executive Director

Welcome to our Fall Newsletter. This is the issue where we publish our Annual Report and the list of our donors and supporters. First of all, I would like to thank each and every individual and organization that has made the choice to support



North Hawaii Hospice. We appreciate and value your trust. Our hospice is celebrating 25 years in the North Hawaii community and the longevity of our hospice program would not be possible without the support we receive from you. Our work in the community is YOUR work in the community and we are strong today because of your support.

This past summer our hospice lost two long-serving members of our hospice ohana, our nurse Brooke Winvick and our community volunteer Brigitte Rutgers. During this same time period our patient daily census doubled. Our staff managed to pull hard during this time, further strengthening our team spirit in spite of our personal grieving and heavy hearts. It was heartening for us to experience the community aloha and support that surrounded us as we supported so many families in North Hawaii.

As the holidays approach we are aware of how hard the holidays can be for those of us grieving the loss of loved-ones. We would like to remind everyone that we offer support to all members of our community that are grieving. Please call our office and ask about our programs, having support does indeed help. You are not alone.

Please take very good and special care of each and everyone of your loved-ones and don't forget to take the time to tell each and everyone how much they are appreciated.

With aloha and appreciation on behalf of our hospice mission,

Mahalo,

Katherine Ciano Executive Director

Katherine

NORTH HAWAII HOSPICE

is a nonprofit organization committed to helping patients, families and friends dealing with life-limiting illnesses.

BOARD OF TRUSTEES

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Thomas Blackburn, Ph.D. Secretary

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Bev Dawson
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Harold Hughes
Claren Kealoha-Beaudet
Randee Kumove
Stewart Lawrence
Keawe Liu
Julie Mattson
Kim Norman
Margarita Scheffel
Linda West
Ali Woods





Many of you have attended or volunteered for NHH's Light Up A Life annual holiday remembrance events held in Waimea or North Kohala over the years. These events have taken on different shapes and forms in different venues, but its spirit and intent has always remained – to give community members a chance to remember and honor their loved ones during the holiday season. The modest, personalized tree ornaments hung each year with loved ones' names written on them have held special meaning for many of us each season.

This year, North Hawaii Hospice intends to have a Light Up A Life tree in each of the areas we serve. In Waimea the tree will be in Parker Square, in North Kohala, the tree will be in front of the Senior Center in Kapa'au. In Waikoloa the tree will be just inside the Village Market and in Honoka'a the tree will be on the lanai of the public library.

Although NHH will not hold the same program with music and readings as it has in past years in Waimea and North Kohala, we hope to position the trees where they will still be a focal point during the holidays. We plan to have the trees displayed right after Thanksgiving through Christmas. Ornament tables will be located in each community starting the weekend after Thanksgiving.

Volunteers will be needed in every community to sell ornaments and decorate trees. We truly appreciate such offers to help. We would also welcome a donation of a live tree to offset this cost for the community of North Kohala. So, please call Juli at 885-7547 if you are interested in assisting in any way.

We look forward to seeing the twinkling lights and ornaments throughout North Hawaii this year. May it be a joyful and peaceful holiday season for you all!



4th Annual Big Island Classic Golf Tournament a Success!

North Hawai'i Hospice was the lucky sole beneficiary of this year's Tommy Bahama 4th

Annual Big Island Classic Golf Tournament on June 14th held at the spectacular Mauna Kea Beach Resort. This year's event raised over \$46,000 for North Hawaii Hospice and what an event it was! Beautiful blue skies, gentle breezes and warm sunshine greeted our golfers (140 of them!) along with lively

tropical music and a breakfast buffet with Bloody Mary's.

There wasn't a second to spare between a competitive putting contest won by Larry Roberts of Canada-France Telescope who won four rounds of golf at the Mauna Kea and the wild and crazy Lucky Ball Drop. A helicopter flew overhead and dropped a bucket of 400 golf balls over a hole and the closest to pin was Danny Buris of Pura Vida Gallery who won two free tickets on Continental Airlines. He will soon be heading off to Spain.

There was a massage station limbering up the golfers to keep them moving along in order to reach the wine and cheese party and dinner

celebration at
Tommy Bahama's
at Mauna Lani.
The evening
included a
live auction
with Tommy
"Kahikina" Ching
as emcee and an
incredible silent

auction.

The overall winning team of this year's

tournament was Jaci Sowden, Ken Sowden, Jack McMenimem, and Brett Smith. Congratulations!!

Our Golf Chair from North Hawai'i Hospice was once again Marty Hind and the day was made possible by a large and loyal group of North Hawai'i Hospice Volunteers,

which included much of the Board. Sharon Potter rounded up Board President Toby King, Executive Director Katherine Ciano, Julie Mattson, Kim Norman, Joan Moynahan, Tom Blackburn, Lynn Higashi, Cathy Youtkus, Rick Potter, Dick Tenderella, Margarita Scheffel, Dee Dee Warren, and Harold Hughes. Gayle Hubbard and Colleen Norris from the NHH office kept everything on track and running smoothly!

Our thanks to all the golfers for coming out to support North Hawai'i Hospice, all our

tee sponsors and prize donors, all our friends at Tommy Bahama's, including John Nguyen, Brenda Supnet and Kim Graybill, for your hard work and generosity,



as well as the golf crew and Brandon Wallraff at the Mauna Kea, and the many volunteers and staff that made this great event possible! Hope to see you all again in 2011!

Mahalo nui loa!

WHO'S ON BOARD?

At the end of the NHH fiscal year in June, several of our longest serving board members reached the maximum number of terms according to our by-laws: Sharon Potter, Dee Dee Warren, and Linda Clifford. All three of these dedicated individuals have held leadership positions and have contributed greatly to the strong and stable hospice organization that we are today. Although these ladies are taking a break from board service, they will continue to be supportive friends of our hospice organization and will serve on committees or provide consultation.

We also said goodbye to several board members due to moves or changes in employment location: Chuck Erskine, Mary Hunter, Jim Warson and Cathy Youtkus. We thank all of them for their service and wish them good fortune in their new endeavors.

Our nominating committee had to get busy and we are happy to report that we have added five new board members. All of the new additions have impressive backgrounds in both business and healthcare that will be crucial to the board's work of ensuring quality and compassionate service to our hospice patients and families.

Psychologist **Claren Kealoha-Beaudet** was born and raised on the Hamakua Coast of the Big Island. She is a proud graduate of Honokaa High



School.
Claren
received
her
bachelor's
degree and
a secondary
teacher
certification
from the
University

of Hawaii at Hilo. She went on to earn a master's degree in counseling psychology from the American School of Professional Psychology and a doctorate degree in clinical psychology from Argosy University Hawai'i. Culture, diversity, and societal differences in world view are Dr. Kealoha-Beaudet's area of specialty and interest. Dr. Kealoha-Beaudet has an active private practice in Kamuela where she lives with her husband, Brandi Beaudet and their two sons Keawemauhili,

age seven and Kamauokealoha, age five.

Bev
Dawson
was born
and raised
on Oahu
in a sugar
plantation
village. Her
parents had
emigrated



from the Philippines just after World War II. Bev got a bachelor's degree in nursing from UH Manoa and worked briefly at Kapiolani Hospital in Honolulu before meeting and marrying her husband, Dr. John Dawson. The newlyweds moved to British Columbia where Bev worked in the psychiatric unit of a rural hospital. They then moved to the island of American Samoa where Bev worked at LBJ Tropical Medical Center. After returning to Oahu, Bev got her master's degree in public health. The Dawsons first moved to the Big Island in 1978 and have been key figures

in the healthcare community in Waimea for more than 30 years. John Dawson has served as the medical director for our hospice since its inception and Bev has worked in her husband's busy medical practice as well as at Hawaii Preparatory Academy. Bev enjoys being outdoors, walking, tennis, golf, gardening and traveling. For all of her life, Bev has worked towards helping people improve the quality of their lives. She believes in the hospice mission because she believes that dying is also a part of life and she looks forward to working with the NHH board to improve the quality of life for hospice families.

Wm. Stewart Lawrence is originally from the American South. He was born in Tennessee,

lived in

Georgia and



attended Tulane University in New Orleans where received a bachelor's degree in philosophy. Later, he moved to Sydney Australia and went to nursing school. He worked briefly as a nurse before becoming a doctor. Dr. Lawrence got his medical degree from the University of Mississippi and completed his residency in Denver, Colorado before moving to Hawaii 20 years ago. Dr. Lawrence specializes in Internal Medicine and Geriatrics and has a private practice in Waikoloa Village. Dr. Lawrence served as medical director for Hospice of Kona for 8 years and his wife, Lisa Lawrence, is a certified hospice nurse who has worked at NHH for more than 20 years. Dr. Lawrence brings his clinical experience with hospice to our board of trustees and will be actively involved in our patient services committee.

Keawe Liu was born on Oahu



and graduated from Hawaii
Preparatory
Academy
and the University of
Colorado at
Boulder. He
received his
master's in

Educational Leadership from

the University of Hawaii at Manoa. After teaching Hawaiian and Pacific history for six years at HPA, he moved into several different administrative roles at Parker School where he worked for seven years. Keawe returned to HPA in 2009 as the director of advancement. overseeing all fundraising and alumni-related initiatives. He and his wife, Lyda, have two young children and live in Waimea. Keawe brings a wealth of non-profit business experience to our board of directors. Keawe enjoys golf and will also be a great addition to our golf event planning committee.

Linda West was born in Spokane, Washington and

grew up
in a small
rural farm
community
60 miles
West of
Spokane
- close to
Grand
Coulee
Dam. Her



father's grandfather was a pioneer who emigrated from Germany and homesteaded land in the area. Most of this land is still in wheat production and has been passed down through the family for four generations. All

of her family still lives in the area except for Linda. Linda came to Hawaii over 40 years ago after graduating from Washington State. Her first job in Hawaii was as the assistant buyer in the designer salon at Liberty House at the Ala Moana shopping Center. When she moved to the Big Island, she continued her retailing career for several years and then went into real estate - which has been her career for 30 years. She enjoys real estate because of the "people part" of her job.

Linda enjoys traveling around the island each day, exploring and showing people properties. It makes each day a new adventure. Linda also enjoys golf, reading, walking, getting together with friends and family and traveling. She and her husband Rick have four children and seven grandchildren. Linda has been volunteering for hospice fundraisers for several years. Of all of the organizations and boards she has been a part of over the many years, she feels that NHH is the organization that really does something that helps people. She is honored to have been asked to serve as a board member because she knows that NHH will likely be called to help her friends and family in the future.

We are very excited to have these five exceptional new leaders join our Board of Trustees.

Remembering Brigitte Rutgers Where angels come from...

by WILLIAM JARDINE

Brigitte Letessier Rutgers left this earth a better place. She was revered, admired and adored as few others, and her work with North Hawaii Hospice was one of her greatest pleasures. Yet, her quiet ways deflected attention from of her personal story.

Brigitte was a child of war, born into the Algerian Revolution in 1947 and eventually driven from her home country. By age fifteen she was a refugee on the crowded streets of Marseilles with so many other dispossessed Algerian families. What could she hope for in a world where she had seen only strife and dreadful loss? Yet, a year later she found herself in the rich, scented air of Tahiti, where her native French entwined with the delicious rhythms and warmth

of French Polynesia, and this is

where she soon found true love in a handsome young man with both great strength and deep kindness. She married Nick Rutgers and together they led a military life in America, where she would learn her English from soap operas as her

growing family tumbled and laughed at her feet. The distant echoes of war and pain began to fade.

She first smelled the tangy perfume of Waimea's great eucalyptus trees in 1984. By then she had grown accustomed to moving her family to follow Nicky's aviation career. She had grown to love the Great Plains of the American Midwest and our little cow town was pretty but didn't look like the best choice Nicky had ever made! Yet, it was here under a canopy of sparkling tropical stars that she bloomed into the angel she was meant to be. Her natural desire to share, her courage and her calm acceptance of all that life brings were remarkable, but she also had such determination, talent, and skill.

Nancy Bouvet, Sheila Cadwallader and Sally Wooddell started encouraging Brigitte to take a harder look at being a hospice volunteer and encouraged her to take the required training, but Brigitte resisted, saying that it wasn't in her

nature and it might be too depressing and so on. We all have these same reservations, but we don't all have a close friend like Nancy. Nancy Bouvet's insistence is greater than almost anyone's resistance! Before too many years had gone by, Brigitte agreed to volunteer and our angel was given her message of hope, love, courage and peace. Through North Hawaii Hospice,

Brigitte found that she could do good in a world which needed lots of it.

Brigitte went on to serve more than 13 years for hospice in many different capacities. As a patient care volunteer, Brigitte served as a companion to families facing terminal illness; cooking for them, comforting them, and being someone who could listen. Brigitte also served on the NHH board participating in projects that included the Light up a Life event held at Christmas to memorialize loved-ones who have passed. Brigitte was an accomplished chef and was part

of a group of Waimea hostesses that catered the elegant high-tea fundraisers at the historic homes in Waimea. Brigitte's talent for design earned her the nickname "Ms. Ambiance" and she was a vital part of making so many of the hospice galas dazzle with sparkles and fairy dust.

Last May, Brigitte was honored as Volunteer of the Year and was presented with a special Tiffany & Co. necklace donated in her honor. Brigitte hated being in the limelight, but shortly after the event she wrote this message:

"I get so much more from patients than I can ever give back to them and their families. It has been a great honor over the years to be welcomed in their homes and trusted with their loved ones. I have made some great friends through this and have so many special memories. I have truly received more than I have given and will always treasure my time with these families."

"Angel" means "messenger," and Brigitte's message was clear and true and right. It is the quality of life that is our treasure and it is in

giving that we receive life's greatest gifts.

With that message, along with her kindness and her courage, Brigitte served the lives around her, and we are so much richer for having known her.

Our Brigitte passed from this earthly life surrounded by her beloved family and in the care of the hospice she served so well.

A Bientot, Brigitte.



Nick and Brigitte Rutgers.



Remembering Our Colleague and Friend, Brooke Winvick, RN, CHPN

We are saddened to report the passing of our hospice nurse, Brooke Winvick, on August 24, 2010. Brooke had been employed at NHH for more than 10 years. Brooke's illness, a rare form of cancer, was unknown until three short weeks before her death. Brooke had very little time to adjust to

her terminal diagnosis but wanted very much to travel to the mainland to pursue treatment but it did not come to pass; Brooke's illness was far too advanced for her to make her journey. Brooke's family members were able to travel to visit her hospital room in Kona and Brooke's beloved hospice colleague and mentor, Fran Woollard, was able to travel from Oregon to

comfort Brooke during her last two days. Brooke passed surrounded by her brothers, Keith and Neal, several of her hanai sisters, and hospice nurse and colleague Lisa Lawrence. Brooke will be remembered for her independence, her ability to keep a healthy separation between her hospice work and her personal life, the compassionate care she provided to her hospice patients and families, and her unforgettable laugh and smile.

Brooke's credentials included national certification as a hospice and palliative care specialist. In her memory, a fund has been established to provide the opportunity for our clinical staff to achieve certification or to pursue advanced training in the area of hospice and palliative care. Dr. Wm Stewart Lawrence has provided the initial donation for a scholarship fund in memory of Brooke.

We will always be grateful to Brooke for reminding us to keep the joy in our lives and for serving as an example of a hospice professional that knew how to make time for rest and restoration.

Thank you Brooke!

NEW FACES AT HOSPICE

Reinhard Fritsch RN, PhD

Registered Nurse on-call
Originally from northern
California, Reinhard joined our
hospice staff in May to be on-call
for our patients after hours and on
weekends. Reinhard is well known
in North Hawaii due to his many
years of working with Kohala
Home Health. Reinhard has been
a registered nurse since 1987 and



has worked at North Hawaii Community hospital since 2002. Reinhard brings a calm, warm and genuine presence to patients and families in their homes.

Cynthia Sheldon ("Cindy")

Clinical Services Assistant
Cindy is from Denver, Colorado
and worked for more than 20
years at Swedish Medical Center;
most recently in the Emergency
Department and in Trauma Service.
Cindy moved to Hawaii in 2008
with her husband and daughter.
Most recently, she worked at North
Hawaii Community Hospital



as unit secretary. She joined NHH to oversee patient medical records and provide clinical support for our hospice team. Cindy lives in Waikoloa with her husband and daughter and enjoys taking Zumba classes in her spare time.

Kristin Wohlschlagel, RN

Registered Nurse on-call
Kristin got her start in healthcare
as a volunteer firefighter and EMT
in a rural mountain community in
California. She became a registered
nurse and moved to Hawaii
in 1994. She has worked in the
emergency department at Hilo
Medical Center for the past seven
years. Most recently, Kristin moved



to North Kohala just in time to join our team in August of 2010. Kristin's assured and gentle expertise has been greatly appreciated by our patients and families in North Kohala.



Hospice goes Electronic!

With grants from the Hawaii Community Foundation, the O'Neill Foundation, the Cleo Foundation, the Atherton Foundation, and North Hawaii Rotary, our North Hawaii Hospice was finally able to enter the world of electronic patient records and electronic billing, completely upgrade our office computer system, and refurbish our website.

This project took more than a year to complete and was completely funded through foundation grant writing.

Special Mahalo to our helpers in the community: everyone at Independent Phones who helped us with re-wiring our office, Tracy Bloom who donated many hours of support when we installed our new server, Mike Hale from Parker School who also assisted with the new network, Jim Hood from Mobile Computer Doctor who donated a portion of his time getting the bugs out and to Beth Hood from Websites with Aloha, who also donated a portion of her time for website design.

LOG ON to see our NEW WEBSITE at northhawaiihospice.org

VOLUNTEER CORNER

Big Mahalos to...

Olivia Armandroff and Hallie Jacobson

This summer we were happy to have Parker School student, Olivia Armandroff, back volunteering in the office at NHH. This was Olivia's second summer volunteering with us. Olivia always brightened our day with her positive attitude, smile and willingness to take on any project. Olivia put together admitting and informational packets, volunteer applications, created various Excel spreadsheets for staff and organized and neatened up our volunteer files. She has also taken up the work of creating and maintaining a NHH patient memorial board and album with fellow student and NHH volunteer, Hallie Jacobson.



NHH volunteers Hallie Jacobson and Olivia Armandroff.

Hallie, who is a Hawaii Preparatory

Academy student, began volunteering with NHH this summer. Another bright and cheerful presence, Hallie was also eager to help with any projects we gave her. She helped with Excel spreadsheets and organized and made a map of all of the volunteer materials and supplies.

Both Olivia and Hallie plan to attend the October volunteer training classes this month and carry on their work with the NHH patient memorial board and album. NHH is thankful to have two such dedicated young people in our ohana and very much appreciate their contribution to our organization.

Suzi from Suzi's Scrapbooking Paradise

We are very grateful to Suzi from Suzi's Scrapbooking Paradise in Waimea for donating materials for our NHH patient memorial board and album. Suzi has also generously offered her time and expertise to help make our patient memorial board and album look as beautiful as possible. Suzi has made available a work space and ongoing assistance to Olivia and Hallie as they continue their work on this project honoring the lives our patients.

...and

Our great appreciation goes out to all of our NHH volunteers and members of our community who generously give their time and support to our patients and their families. You are the heart of North Hawaii Hospice!

NORTH HAWAII HOSPICE ANNUAL REPORT

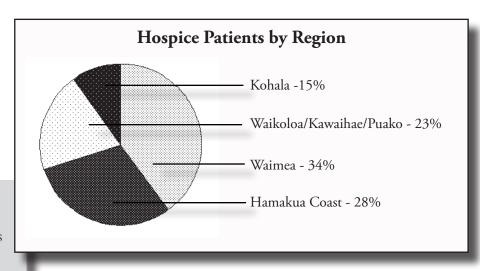
The following statistics pertain to fiscal year July 1, 2009 to June 30, 2010.

Volunteer Hours Donated

| Direct Care | 282 |
|---------------|-------|
| Indirect Care | 1,445 |
| Total Hours | 1,727 |

Age Range of Our Patients

Age of our oldest patient Age of our youngest patient Average age of our patients 97 years 10 days 74 years



Grief and Bereavement

| Number of contacts with hospice families for grief resolution | 756 |
|--|-----|
| Number of contacts with community members for grief resolution | 147 |
| Number of contacts through community support group programs | 58 |

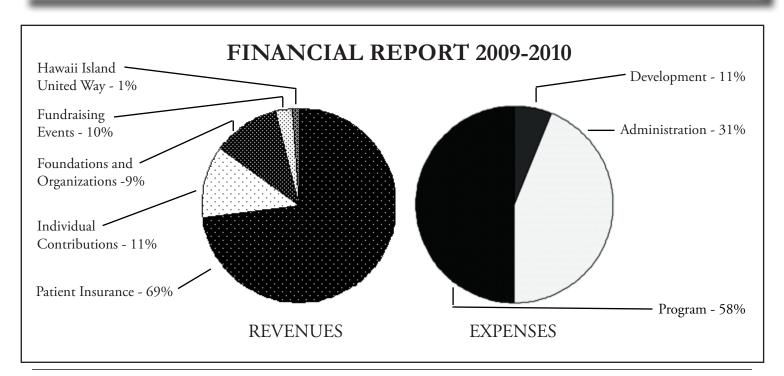
Patient Care Services

Number of patients and families in hospice Number of patients discharged alive Patients with a cancer diagnosisPatients with a non-cancer diagnosis

60% 40%

Average length of stay in hospice

79 days



Gifts to North Hawaii Hospice Mahalo to Our Donors

Our giving report includes the names of those individuals, community groups and businesses who have given gifts to North Hawaii Hospice from July 1, 2009 to June 30, 2010.

Commemorative gifts were received in memory of the following people:

Esther Adams Florencio Alegre Marlyn Axelrod Paul Barker Robert Biesiada Ian Bowman James Breen Mary Cacoulidis Berlinda Camara Mildred Cantyne Alejandro Castillo Jan Chillingworth Frank Colleado Frank Cook Eiko Doi Earl Ebenal Bonifacio Etrata Lui Faleafine Yolanda Fernandez Nell Ferreira Iesse L. Fishback Ruth & William Foster James Frazier Takeshi Fujino Patricia Garties

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Kanani Polina Malia Kuuipo Pule Ben Radin **Jack Ramos** Dennis Rose Richard Rowe Sueto Sakamoto Sharon Saltus James Santiago Marilyn Schweig Rose Mary Silveus Janet Smith Peggy Sperring Joseph Spielman Riyoichi Uyama Tamaki Uyama Gil Visser Benjamin Wald Moses Wallace, Sr. Maryann Warner Winona Watson Harvey Wong Sueo Yamasaki Hideo Yanazaki Frederick Yokoyama

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Mr. WC Wells

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Cindy and Terry M. Wick

Mr. and Mrs. Woodson K. Woods

Mr. Bill Zabolski Mr. Michael Zola

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