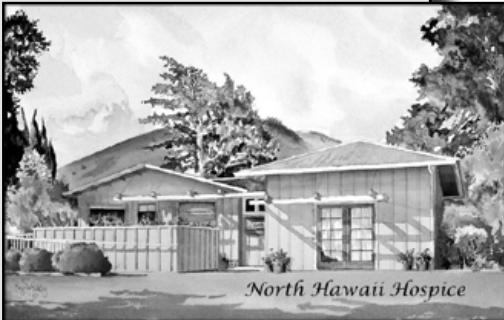


NORTH HAWAII HOSPICE

WINTER 2015

NEWSLETTER



Plein Aire by Greg Schultz

COMING UP:

Hospice Volunteer

Training: New!

Hospice Volunteers begin your volunteer training on-line followed by one-day training on-site.

For more information, call Bobbi Bryant, Volunteer Coordinator at 808-885-7547

MARK YOUR CALENDARS!

"Tea with Love and Aloha"

The Waikii Club House

February 7, 2015

Join us to celebrate Love and Hawaiiana Afternoon Tea and Silent Auction

If you are interested in being a table hostess or reserving tickets please call Gayle at our office at 885-7547.

Letter from the Executive Director

If you have taken a drive down Kawaihae Road in Waimea town lately you may have noticed that we are very nearly finished with a new addition to our hospice campus. The new green cottage supported by a single strong Ohia post is our new hospice annex: a meeting place for our hospice nurses, counselors, social workers and hospice aides. This project has been in the works for more than three years now. Building this addition to our campus would not have been possible without the strong support of our community which, like the Ohia post, keeps us supported.

On behalf of the patients and families we serve, I would like to thank each and every individual, community business, and foundation that contributed to our successful Capital Campaign to bring the annex project to fruition. The annex will be completed just in time to accommodate the growing needs for our services in the communities we serve.

As the holidays approach, we are aware of how hard the holiday season can be for those of us grieving the loss of loved ones. We would like to call your attention to our new series of bereavement programs that we are offering to the community. Our mission is to be a source of care and comfort not only for patients and families facing serious illness but also for those who are grieving. You are not alone. Please pick up the phone and call us. We can tell you about our new bereavement and spiritual counselors and programs.

Our hospice is celebrating 29 years in the North Hawaii community and the longevity of our hospice program would not be possible without the support we receive from you. Our work in the community is YOUR work in the community and we are strong today because of your support.

With aloha and appreciation on behalf of our hospice mission,

Katherine Werner, MHA, BSN
Executive Director



NORTH HAWAII HOSPICE

is a nonprofit organization committed to helping patients, families and friends dealing with life-limiting illnesses.

BOARD OF TRUSTEES

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Margarita Scheffel
President

John G. Roth
First Vice-President

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Second Vice-President

Linda West
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Stephanie Ladwig
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Jaisy Jardine
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Stewart Lawrence, MD

Diana Mahaney
Julie Mattson
Ginny Robb

Joanne Sameshima
Ali Woods

MEDICAL DIRECTOR

John Dawson, MD



VOLUNTEER CORNER

As the year comes to a close, the North Hawaii Hospice ohana has so much to be grateful for. Participation and support coming from our community has been tremendous. From the volunteer respite and caregiving for our patients and families to the community outreach and fundraising support that makes NHH possible, everyone has generously given of their time and talents. Throughout the year we have remained very busy with the many events and programs that support what we do. At the heart of hospice are the very important people who give freely of themselves so that members of our community may have hospice, no matter what their financial situation. This altruism from our volunteers, which includes our hardworking board of trustees, is what NHH is all about.

The photos displayed are of our volunteers and board members at the many events we have had over the past year. What is nice to see are all the smiles and people having fun. A sign that we're doing something right! We started out the year with the delightful High Tea and Silent Auction – High Tea with Aloha at the Waiki'i Ranch clubhouse. We moved on to participating in the Spring Volunteer Appreciation Brunch and Annual Charity Walk. Next we went to tee with the Tommy Bahama Big Island Golf Classic in June and our annual Floating Lantern Ceremony in partnership with the Fairmont Orchid in August which our community really loved. We then turned our attention to our new building, a new meeting place for the hospice clinical staff. We hope to be able to finish the project in the new year. As we wind down the year, we're reaching out to the community through our new community outreach programs and then we will quickly turn into elves to help Santa get his photo taken with our community's keiki and help our community remember their loved ones through Light up a Life. In between all these events, volunteers answer phones, quietly fundraise, help with mailings, count wishing well coins, share the mission of hospice with their friends and neighbors, support our patients and families, and the list goes on! North Hawaii would not be possible without you, Mahalo to our wonderful ohana!

Our hats are off to our volunteer of the year Joan Moynahan! Joan works in the finance office, participates in the planning of the High Tea fundraisers, sews beautiful quilts to donate to our silent auctions, and helps with the annual Tommy Bahama Classic Golf Tournament. We are so grateful that she has blessed us with her talents. Congratulations Joan!



Our Volunteer Appreciation Brunch Held at the Home of Barbara and Charlie Campbell



NORTH HAWAII HOSPICE STAFF

Katherine Werner, MHA
Executive Director

Colleen Norris, MBA
Director of Finance

Gayle Hubbard
Fund Development Manager

Debbie Washburn, RN, CHPN
Clinical Services Director

Denise Reyes
Clinical Services Assistant

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Reinhard Fritsch, RN, PhD
Kaiki Gunderson-Cook, RN
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Nurse Practitioner

Rachel Real, LPN
On-Call Nurse

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Megan McCaffrey, MSW
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Bobbi Bryant
Volunteer Coordinator

Inez Schultz, MA
Bereavement Coordinator

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Spiritual Counselor

Nina Millar, RN
Christine Richardson, RN
Kristin Wohlschlagel, RN, CHPN
After Hours Nurses

Marshall Cacoulidis, CNA
Sandee Kama, HA
Felicia Murray, HA
Sandie Rossi, HA
Hospice Aides



The 2nd Annual Carlos Rivas Memorial Polo Tournament was held November 30, 2014. The Mauna Kea Polo Club raised funds for all of the hospices on the Big Island.

The 36th Annual Visitor Industry Charity Walk



NEW FACES AT HOSPICE

Bobbi Bryant, Volunteer Coordinator

by Phyllis Tarail

Our new NHH Volunteer Coordinator has spent a good portion of her life as a vagabond, traveling and living in many parts of the world. She lived on Maui for 13 years, but her family in southern California and Arizona called her back to the mainland several times. She calls herself a gypsy because she's had a hard time landing in one spot until now. Once she lived on a boat that was approached by pirates and she was once a dive guide in the Red Sea. Bobbi has even played Santa Claus in Egypt! Curiosity has played an important role in her life.

Bobbi has a long-time interest in hospice work, having volunteered at Livingston Memorial Hospital in Ventura and then becoming a part-time employee as the assistant to the bereavement counselor/volunteer coordinator for a few years. She later worked as the volunteer coordinator for "Against the Stream Buddhist Meditation Society" in Santa Monica.

After visiting for several years, she moved to Hawai'i Island in September 2013. Bobbi came to play and ended up working on her boyfriend's property. Before moving here she had found the NHH website and she signed up to become a volunteer, taking the training in October 2013. Bobbi's vision as the NHH Volunteer Coordinator is to see what she can do to fill more of the patients' needs, so she's currently on the lookout for new patient care volunteers.

Swimming at Mahukona, snorkeling and kayaking are some of her fun activities. She also rides her motorcycle from her home in Kapa'au to the hospice office in Waimea and all around the island both alone and with her boyfriend. Bobbi first rode for 6 months with her boyfriend of 8 years and then she bought her own

motorcycle. They have often spent summers in Colorado riding their motorcycles all over the Rockies. Somehow she finds time to volunteer at the Kahilu Theatre and for music performances at the Honoka'a People's Theater. She also co-facilitates a discussion group on death and dying in Kohala.

Now that Bobbi is living here full time, she realizes the constant struggle with taming the property she lives on which has two homes and LOTS of grass. Once she had moved full time onto her boyfriend's property, she experienced a rather typical local dilemma. They were awakened at midnight to the crowing of a multitude of wild roosters who had moved



in next door. The noise lasted most of the night and was driving Bobbi and her boyfriend nuts. So Bobbi had a plan. She borrowed humane traps from the Humane Society and successfully caught several of the roosters and relocated them. However, the ones she hadn't caught got smart and they wouldn't go near the traps. So, she had another idea--In the middle of the night she went out with her flashlight to see which trees the roosters were roosting in. She first tried to hose them out of the trees--not only did that not work, but she ended up soaking wet! Her last effort, with lots of patience and persistence, finally paid off. She propped up a 20 ft. long bamboo pole right into the roosters' trees. Then, in the middle of the night, she would go out and shake the trees until the roosters would fly away. It took 2 straight weeks of lost sleep, but finally the roosters left and never came back. Who knows who those roosters are bothering after all of that?

Tommy Bahama Big Island Classic Golf Tournament Successful!

The 8th annual Tommy Bahama Classic Charity Golf Tournament was held at the beautiful Mauna Kea Beach Resort in June 2014. The full-day event is truly a classic and not to be missed for any serious golfer wanting to have an unforgettable day. The event features world class golf, food, drinks and prizes all to benefit North Hawaii Hospice's programs and services.

Tommy Bahama's restaurant provided delicious grilled food and delightful tropical drinks for all participants on the course. Following the event a private celebration, live auction and awards ceremony was held at the Tommy Bahama Tropical Café. Master of ceremonies for the evening was Lyman Medeiros who provided plenty of aloha and kept the auction hopping.

A special big Mahalo to the entire staff of Tommy Bahama at Mauna Lani who work so hard to put this event together, the entire golf team at the Mauna Kea Beach Resort, each and every golfer who came to play, and all of our Hospice volunteers who made the event so great. A special thanks also to all of the many sponsors and donors that contribute to Tommy Bahama and to our community. This year this event netted over \$50,000 to support North Hawaii Hospice's programs and services.



North Hawaii Hospice's Marty Hind and Katherine Ciano join John Nguyen (Tommy Bahama, Mauna Lani) in welcoming golfers to the tournament.



Who's on Board

by Phyllis Tarail

One of the newest North Hawaii Hospice Board members is **Ginny Robb**, who offers up a lovely smile along with a welcome, as we sat together to talk outside of Starbucks. As a "getting to know you" interview, Ginny was very open, friendly, and forthcoming about her personal history and her interest in hospice.

Ginny's mother died in the hospital when Ginny was only 17 and even then she felt that there must be a better way to die. She didn't have a medical background so Ginny didn't know how she could help hospice until friend and board member, Stephanie Ladwig, talked to her about becoming a board member herself.

That's when she realized that she could help NHH in a different way. After volunteering at the recent Hospice Floating Lantern Ceremony, she was very moved by how many people were so open and willing to talk about the family members they had lost and their experiences with receiving help from hospice. As Ginny said, "I believe in having a choice in the quality of life and the hospice staff and volunteers involved here at North Hawaii Hospice are all so surprisingly upbeat." One of the other board members said at a recent meeting, "Hospice is an investment in our future," and Ginny really agrees.

As a self-proclaimed "military brat" Ginny and her family finally settled on Oahu when she was a youngster in the 1960s. It was at Maryknoll School where Ginny met her husband Chris. They married in the early 1980s and moved to Hawai'i Island in 1982 when Chris got a job with Watanabe Floral. They lived in Waimea for a year and then moved to Kealahou where they bought land and created an organic family farm. It was there that they raised their three sons. While Chris was busy running the farm,

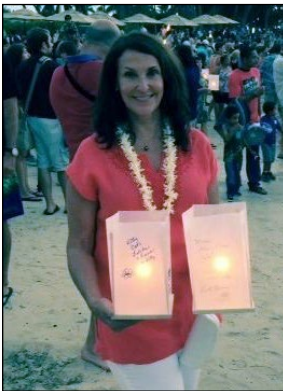
Ginny worked in the finance department at Kona Community Hospital.

Once their sons began to leave the household, they realized that Waimea was the place to live. They sold their family farm, bought a home and leased a plot of land at the Lalamilo Farm Lots at the very end of the road to start another, and the only, organic farm in that area--growing greens and root vegetables, such as beets. All three of her sons love farming and they are all now working on the farm. Ginny is the official initial seeder on the farm and she loves being the person who starts new life. She also is the farm bookkeeper and she loves that connection the whole family



has to the land. Her "paying" job in finance and information technology with Hawaii Health Systems Corporation (HHSC) allows her to work three days a week from her home and two days in the Kona office. All of her jobs keep her very busy, so she has little time for recreation, but she and Chris love to entertain and Ginny catches up with reading through audio books that she listens to in the car. She and Chris recently spent three weeks in Europe, which included representing the US at the Slow Food International Congress in Turin, Italy. Her five year old grandson lives on Oahu, but he loves coming to the farm to play in the dirt and Ginny loves sharing the farm with the next generation.

Ginny's healthcare finance expertise is very much appreciated by the staff at North Hawaii Hospice. She is happy that she finally found a way she could contribute to hospice.



Fairmont Orchid Partners with North Hawaii Hospice for the 4th Annual Floating Lantern Ceremony

Providing a gorgeous setting and elegant facilities the Fairmont Orchid partnered again this year with North Hawaii Hospice to host and produce our annual floating lantern ceremony. The event was held on August 24, 2014 and was attended by more than 800 people. Participants described how meaningful it was to be able to remember and honor a loved-one by releasing a decorated lantern into Pau'oa Bay at dusk. This year was the fourth lantern event held in partnership with the Fairmont Orchid. We are already making plans to hold the event again the last Sunday in August in 2015. If you are interested in participating be sure and mark your calendars now.

Chaired by NHH Board Member **Lynn Higashi** and her husband **Miles Okumura**, the event went off without a hitch. The sunset was spectacular and the glowing lanterns floated majestically as the evening light turned to a deep lavender. **Lyman Medeiros** took the stage at the Coconut Grove as Master of Ceremonies and the Pule and Hula was led by **Deena Hurwitz**. The **Kona Daifukuji Taiko** drummers performed followed by chant and ringing of the bell by **Reverend Shingo Furusawa** of the Honoka'a, Kohala, Pa'auilo and Kamuela Buddhist Temples of the Hongpa Hongwanji Mission of Hawaii. There were delicious food and beverage concessions provided by the Fairmont Orchid so that families could enjoy refreshments together while they decorated their lanterns.

If you were there you may have noticed dozens of NHH volunteers in dark blue t-shirts and caps helping with parking, taking donations, putting lanterns together, lighting lantern candles, and cleaning up. We couldn't hold this event without so many willing helpers from our community volunteering to assist. We thank each and every volunteer who came out to support us putting this event together.

We can't thank **Mew Lan Seto** and **Jaisy Jardine** and the **managers and staff of the Fairmont Orchid** enough. Having professional event experts on the committee really makes this event shine.

The event is a beautiful opportunity to participate in a heartfelt meaningful ceremony to remember and honor our loved-ones. We are so grateful to everyone who volunteered to make this event such a memorable one. We hope to see you there next year!



North Hawaii Hospice – Circle of Support Groups

January 2015

Caregivers Circle of Support

January 5th – Monday Where: Tutu's House When: 1:30 – 2:30

Conversations on Death and Dying

January 5th – Monday Where: Tutu's House When: 3:00 – 4:30

Grief Circle of Support

January 12th – Monday Where: Tutu's House When: 1:30 – 2:30

Circle of Support – Journey Together (Social Group)

January 27th – Tuesday Where: Holoholokai Beach Park When: 9:00 – 10:00

February 2015

Caregivers Circle of Support

February 2nd – Monday Where: Tutu's House When: 1:30 – 2:30

Conversations on Death and Dying

February 2nd – Monday Where: Tutu's House When: 3:00 – 4:30

Grief Circle of Support

February 9th – Monday Where: Tutu's House When: 1:30 – 2:30

Mandalas – Grief and Healing Adults (Limit 12)

February 23rd – Monday Where: Tutu's House When: 1:30 – 3:00

Circle of Support – Journey Together (Social Group)

February 24th – Tuesday Where: Holoholokai Beach Park When: 9:00 – 10:00

March 2015

Caregivers Circle of Support

March 2nd – Monday Where: Tutu's House When: 1:30 – 2:30

Conversations on Death and Dying

March 2nd – Monday Where: Tutu's House When: 3:00 – 4:30

Grief Mask: Creating Hope and Moving Forward Pre-adolescents and Teens (Limit 10)

March 14th – Saturday Where: North Hawaii Hospice When: 9:30 – 12:30 Bring a Sack Lunch

The Many Faces of Grief: Create Your Own Grief Mask Part 1 Adult (Limit 10)

March 23rd – Monday Where: Tutu's House When: 1:00 – 3:00

The Many Faces of Grief: Create Your Own Grief Mask Part 2 Adult (Limit 10)

March 30th – Monday Where: Tutu's House When: 1:00 – 3:00

Expressive Art: Grief Group Pre-adolescents and Teens (Limit 10)

March 28th – Saturday Where: North Hawaii Hospice When: 9:30 – 12:30 Bring a Sack Lunch

Circle of Support – Journey Together (Social Group)

March 31st – Tuesday Where: Holoholokai Beach Park When: 9:00 – 10:00

Contact North Hawaii Hospice at 885-7547 or e-mail the group leader, inez.schultz@northhawaiihospice.org for more information. There is no fee for groups. Materials will be provided. Registration is required.

NORTH HAWAII HOSPICE ANNUAL REPORT

The following statistics pertain to fiscal year July 1, 2013 to June 30, 2014.

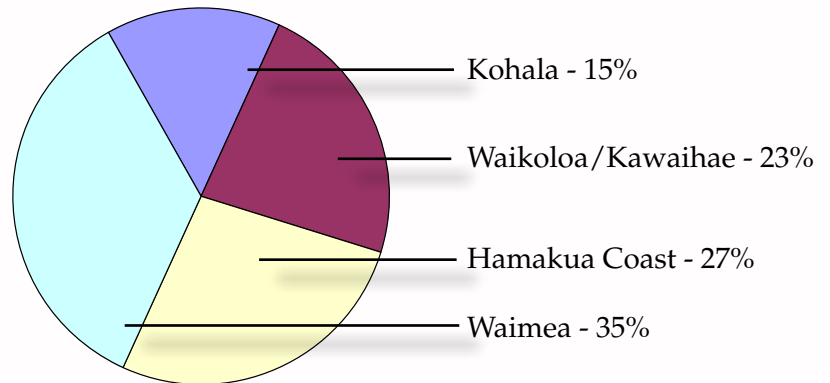
Volunteer Hours Donated

Direct Care	820 hours
Indirect Care	2178 hours
Total Hours	2998 hours

Age Range of Our Patients

Age of our oldest patient	100 years
Age of our youngest patient	39 years
Average age of our patients	78 years

Hospice Patients by Region



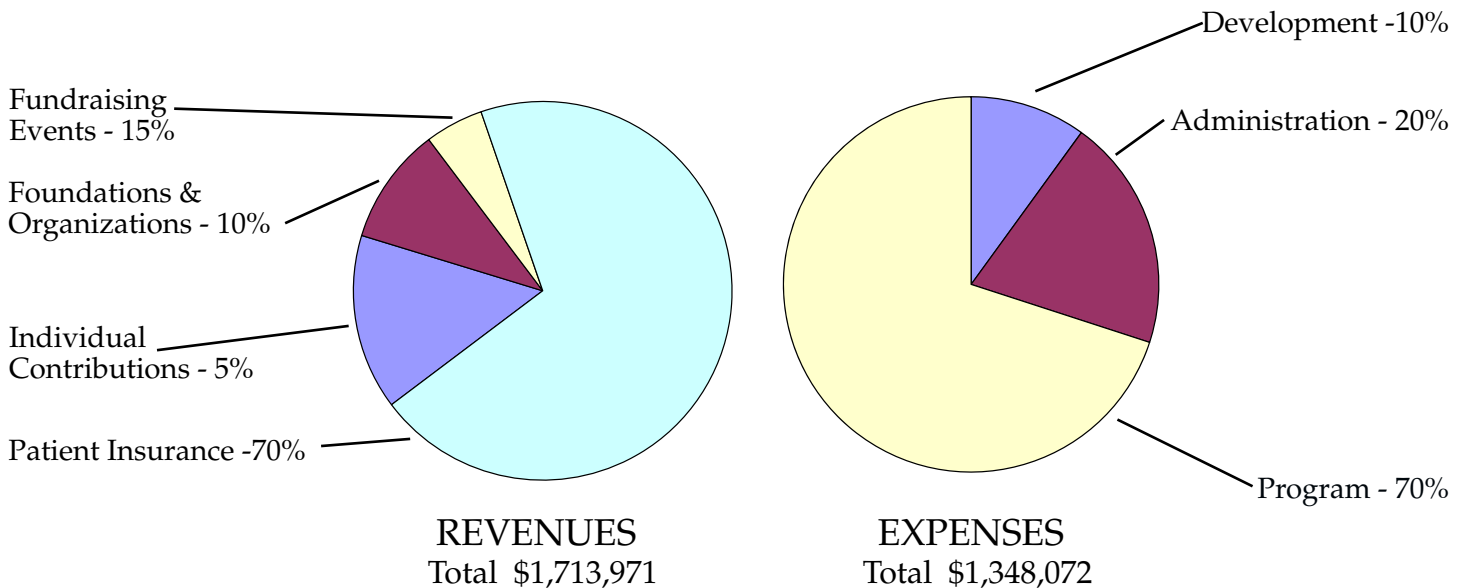
Grief and Bereavement

Number of contacts with hospice families for grief resolution	387
Number of contacts with community members for grief resolution	23
Number of contacts through community support group programs	11

Patient Care Services

Number of patients and families in hospice	145	Patients with a cancer diagnosis	38%
Number of patients discharged alive	19	Patients with a non-cancer diagnosis	62%

FINANCIAL REPORT 2013-2014



Gifts to North Hawaii Hospice Mahalo to Our Donors

Our giving report includes the names of those individuals, community groups, and businesses who have given gifts to North Hawaii Hospice from July 1, 2013 to June 30, 2014.

Commemorative gifts were received in memory of the following people:

The Aunties	Kam Fawcett	Marium G. Macion	Jeanne Marie Sebek
Ben and Amy and Cathy	Yolanda Fernandez	Shoichi Maeda	Douglas Sell
Bully	Beryl Fogel	Kahu Abraham Mahi	Tom Sharkey
Grandma Margret	Laura V. Folk	Alice Maloney	Kent W. Shattuck
Lorna	Ruth and William Foster	Terry Martin	Gene Shields
Henry Acedillo	James Frazier	Teruko Martinson	Dale Smith, Sr.
Janice Akana	Takeshi Fujino	Florence McPeck	Robert K. Spangler
Marion Anderson	Wayne and Phyllis Gocke	John Mellon	Patrick Summerfield
Martin Angot	Rachel and David Green-Arbon	Ollie Mitchell	Kenso Takamoto
Ziegfried R. Azevedo	Pearl Groves	Jan Morgan	Dr. James Taren
Lottie Bernstone	Luki Hammond	Marion Nahulu	Jerry Taub
Ric Bollinger	Robert Hanano	Thomas Nakahara	Matt Therrien
Jim Browne	Maria Hanley	Ruth Nakamoto	Dora Thevenin
Greg Cameron	Stephen B. Hard	Leo Neyens	Sarah B. Tompson
Patricia Morriss Campbell	James Higashi	Clarence K. Okamura	Wendy Uemura
Eleanor Carter	Coco Hind	Masateru Oketani	Jacquelyn Villegas
Leonard Chow	Ralph Horn	Bert Pelca	Tetsuro Wakayama
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Nancy Colella	Bradford Houser	Jack and Yvonne Perry	Curtis Williams
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Joan Dempster	Judith Johnson	Helen Quirk	Ichiro Yamaguchi
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Marilyn Enns	Masato Kimura	Jack Ramos	Fusami Yano
Jefferson Falkner	Natlee Kimura Oshiro	Tyrone Reinhardt	Bill Zuke
James W. Falls	Ernest and Helen Kurlansky	Richard Rowe	
Sheila Falls	Ruth and Lionel Landry	Francis Ryusaki	

Commemorative gifts were received in honor of the following people:

All Volunteers	Brent and Janet Malin
Alexander and LeBurta Atherton	Elizabeth Spielman
Dr. John and Mrs. Beverly Dawson	J. K. Spielman
Mr. and Mrs. James King	

MAJOR DONORS (\$5,000+)

Balbi Atherton Brooks	John M. Simpson Foundation
Colella Family Charitable Fund	Melissa Lindsey
Alan Gartenhaus, Rhoady Lee and The Lee Family	Moonglow Fund of the Hawaii Community Foundation
Jacquelyn and Alcy Johnson Memorial Fund	

SUSTAINERS (\$1,000-\$4,999)

Anonymous (1)	Martha L. Greenwell	LGA Family Foundation
George Ainge and Leesa Miyasato	Hawaii Cycling Club	Mark and Diana Mahaney
Samuel and Laurie Ainslie	Hawaii Hotel Industry Foundation	Gretchen and James Mair
Aloha Investment Group III	Myrna Horn	Richard and Joan Ellen McFee
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Bike Works Beach and Sports	John and Dorothy Baird Fund	Jeffrey and Joan Shadel
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Foodland Give Aloha Program	Bruce and Randee Kumove	Foundation
Anonymous Donations	Mr. and Mrs. James Lally	
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 John and Margo Wray
 Frosty and Marcia Yardley
 Zadoc W. and Lawrence N. Brown
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 Clarence and Patricia Ako
 Ted and Joan Alip
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— Dame Cicely Saunders, nurse, physician and writer, and founder of hospice movement (1918 - 2005).